

# Surviving Parenting in a Pandemic

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Are you a caregiver who is finding parenting during the pandemic overwhelming and stressful? Have you been struggling with feeling guilty that you're not doing enough?

Endless demands have been placed on all of us as parents with young children. The level of stress that is carried at times has trickled down to the relationship we have with our children. In this webinar we will be looking at how we can strengthen the bond we have with our children during these periods of ongoing stress and uncertainty.

**WEBINAR**

**40 MINS**

The Webinar is designed for families with K- Grade 3 children. All others are welcome, including Elementary Educators, ECEs, EAs, CYWs, and Administrators.

**MARCH 4TH, 2021 AT 4:30PM**

**[REGISTER HERE.](#)**